Miraculous Yoga - Master of Pranayam, Swami Ramdev to Visit Houston

By Kalyani Giri

HOUSTON — In 2002 when Parul Rawal was just 31 years old and pregnant with her first child, she developed mysterious symptoms that perplexed her doctors. Every breath she took was agonizing, her fingertips turned blue, and her joints stiffened. Advised that she needed a change from the New Jersey climate by her doctors, Rawal traveled to India. The flight was harrowing to her declining health. By the time she reached India, her lungs were failing and she was rushed to hospital where she was diagnosed with pulmonary fibrosis. Upon return to the USA she moved to Houston where doctors suggested a lung transplant, as no other treatment was possible. But she was denied the surgery because her heart and lungs were in very poor condition. One day as providence would have it a relative in India mailed her a DVD of the illustrious guru of yoga, Swami Ramdev. Rawal attempted to try the breathing exercises. The first few times, she bled out of her nose and mouth. But her persistence paid off; after several days of yoga, her breathing improved. Just last year, she was taken off the oxygen, her energy level went up and her symptoms diminished.

“Many doctors, who had lost hope, thought it was a miracle. I told them it was Swami Ramdev ji’s DVD that saved my life,” said Rawal with quiet conviction of a true survivor.

Rawal was referring to the miracle-worker and revered sage from Haridwar, India, Swami Ramdev, who will be in this city conducting a Yog Science Camp at the George R. Brown Convention Center July 16 through 20, 2008. Internationally known by a legion of disciples for his groundbreaking and valuable work known by a legion of disciples for his teachings, Swami Ramdev ji’s DVD that was virtually impossible before he began pranayama.

Swami Ramdev’s teachings have drawn him recognition from the United Nations Organization that invited him to New York to address the facilitators of the program to eradicate world hunger in 2006. His upcoming yoga camp in Houston is already garnering response from local communities and from other cities within the US, and is expected to draw a full house on all five days.

For more information or to register for the Yoga Science Camp, visit www.yogacampohouston.com. If you would like to share your experience please email to yogacampohouston@gmail.com

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